



# NEW INSIGHTS FOR CHILDREN

## A SOCIAL AND EMOTIONAL LEARNING CURRICULUM

### ENHANCING EMPATHY SKILLS

**NEW INSIGHTS** features four puppet characters who depict distinctive temperaments (personalities): Coretta the Cautious who is shy; Gregory the Grumpy who is high maintenance; Fredrico the Friendly who is very social; and Hilary the Hard Worker who is industrious. With the help of the **NEW INSIGHTS** characters, children learn that people have different temperaments that make some situations easy for them to handle while others are more challenging.



### LEARNING HOW TO RESOLVE DILEMMAS

Videos of the **NEW INSIGHTS** characters demonstrate how to successfully self-regulate (or not!) when dilemmas occur. The characters are guided by a stoplight (**RED**: recognize a dilemma; **YELLOW**: think and plan; **GREEN**: try it not).

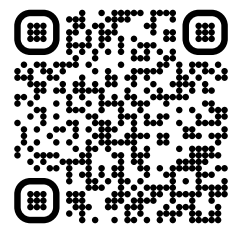


### RESOLVING REAL-LIFE DILEMMAS

With the help of the **NEW INSIGHTS** characters and their teachers, students apply the same problem-solving process and self-regulation strategies to the dilemmas that they experience in their daily lives.

Each of the 10 weekly lessons includes videos, classroom mitten puppets depicting each of the characters, workbook sheets, vocabulary flashcards, and a digital dilemma board. A home-links app connects parents to the content and adds e-books to reinforce and expand upon the program's concepts.

A summary of the kindergarten curriculum is listed on the next page. The 1st grade program builds on the kindergarten curriculum. Please contact us for more information about the 1st grade program.



Scan this code to learn more about New INSIGHTS.



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**1 A Day in the Life of Fredrico the Friendly**

Fredrico is excited because he is going to a birthday party. He wanders off in the store where he and his mother are buying a toy for his friend. Mom cautions him to be more careful. He has a wonderful time at the party interacting with all his friends.

**6 Coretta Needs Her Teacher's Help**

Coretta was sick when her teacher explained how to do the math sheet that she and her classmates are expected to complete. She needs help but is facing a dilemma trying to figure out how to get it.

**2 A Day in the Life of Coretta the Cautious**

Coretta also is invited to the birthday party. Unlike Fredrico, she is shy and cautious. Her friends help her engage with the other children.

**7 Fredrico Wants Gregory To Come Play At His House**

Fredrico invites Gregory to play at his house. Gregory's mom says he cannot go because she doesn't know Fredrico's mother.

**3 A Day in the Life of Hilary the Hard Worker**

Hilary gets involved in an art project, goes to the museum, and does her homework. She reviews her day with her mom at bedtime. In each situation, Hilary is a hard worker.

**8 Little Brothers: Another of Life's Dilemmas**

Gregory is upset because his friend Jason's baby brother comes with them when they go to the park.

**4 A Day in the Life of Gregory the Grumpy**

Gregory engages in the same activities as Hilary did. His reactions to the situations, however, are different from hers. He needs frequent reminders to stay on-task.

**9 Fredrico Is Sad**

Hilary asks Fredrico why he wasn't at Michael's party last Saturday. He says his grandfather died. The *NEW INSIGHTS* characters learn how to support their friends when they are sad.

**5 Hilary Gets Her Feelings Hurt**

Hilary encounters a dilemma when she tries to play with some children in the after-school program. The children tell her they don't want to play with her because they don't like her. Hilary's feelings are hurt. Her *NEW INSIGHTS* friends help her resolve her dilemma by using a stoplight and a dilemma board to think through possible solutions.

**10 Graduation from INSIGHTS**

The *NEW INSIGHTS* characters review the program's content. Personalized *NEW INSIGHTS* diplomas are provided to every student.

**6 Gregory Is Annoying**

Gregory rudely interrupts Coretta and Hilary when they are playing dress-up. Fredrico is enlisted to help the *NEW INSIGHTS* friends resolve their dilemma with Gregory.

