



# NEW INSIGHTS INTO CHILDREN'S TEMPERAMENT

## A HYBRID SOCIAL AND EMOTIONAL LEARNING INTERVENTION

### THREE PROGRAMS

*NEW INSIGHTS into Children's Temperament (INSIGHTS)* is an evidence-based social and emotional learning intervention with three related programs that can be used concurrently or separately:

- A professional development offering for elementary school educators.
- A program for parents of elementary school children.
- A curriculum for primary grade classrooms.



### NEW INSIGHTS USES A DIFFERENT APPROACH TO SEL

Children's behavior is often related to their temperaments (personalities). For example, *NEW INSIGHTS* features four characters: Coretta the Cautious is shy, Gregory the Grumpy is high maintenance, Fredrico the Friendly is very social, and Hilary the Hard Worker is industrious. Although temperament is not amenable to change, adult's responses are, and greatly influence children's behavior. *INSIGHTS* teaches educators and parents effective strategies tailored to each child's temperament.

### INTERACTIVE LEARNING FOR EDUCATORS AND PARENTS

Both the educators and parenting programs are built on Nearpod, an award-winning platform that can be assessed on any classroom or personal technology like cell phones. The six self-paced lessons include videos, interactive games, and open-ended questions. In between the lessons, facilitators meet remotely with small groups of educators or parents to help them apply the content to individual children. Over 50 handouts are downloadable for additional learning or to use with children.



### A CLASSROOM CURRICULUM FOR THE PRIMARY GRADES

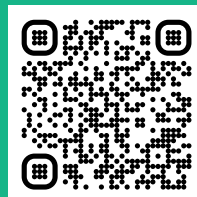
The same *NEW INSIGHTS* characters are featured in the classroom program. Depicted by puppets, the characters help the children gain empathy and resolve dilemmas. The 10 lessons include mitten puppets, videos, a digital dilemma board, and lots more.

### KEEP LEARNING

A program license provides access to the materials for an entire academic year. When challenged by a child's behavior, you can return to the lessons, identify the child's temperament, and review strategies that are tailored for that child.

Please contact us with questions or to register:  
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